

# TYPES OF WORK AUTHORIZATION

## Campus Employment

- ◆ F-1 and J-1 visa holders
- ◆ Working on-campus
- ◆ Authorized by ISS and Lawrence Payroll.
- ◆ 1-20 hrs/wk during academic year and 1-40 hrs/wk during breaks

## CPT (Curricular Practical Training)

- ◆ While F-1 visa holders are enrolled in school
- ◆ Internships on/off campus
- ◆ Authorized by ISS each term
- ◆ Must relate to major & be related to course credit or otherwise "integral" to major program of studies
- ◆ 1-20 hrs/wk during academic year and 1-40 hrs/wk during breaks

## OPT (Optional Practical Training)

- ◆ F-1 visa holders
- ◆ Work after graduation\*  
\*or before in special circumstances.
- ◆ 1 year authorization by USCIS with possible extension for STEM majors
- ◆ No more than 90 days unemployed
- ◆ 20-40 hrs/wk

## Severe Economic Hardship

- ◆ While F-1 visa holders are enrolled in school
- ◆ Approved by USCIS
- ◆ Consult advisor if this may apply to you
- ◆ Off campus employment permitted at any business
- ◆ 1-20 hrs/wk during academic year and 1-40 hrs/wk during breaks

## Academic Training

- ◆ Only for J-1 visa holders
- ◆ Typically after completing studies
- ◆ Check with ISS about length of AT period based on your program

Academic Training authorization and length depends on program

